

Free Resource Guide

Our free guide is updated and provides accurate information and financial aid resources sure to help you through the bone marrow/stem cell journey.

Check out and share our updated **Resource Guide** by hovering on this QR code! Printed, free copies available upon request.



Email info@nbmtlink.org to request a copy. Please include your mailing address.

Linking & Caring from Diagnosis through Survivorship



New! Finance Guide

Check out our **NEW Finance Guide!** Printed copies are available at a modest price on our website, under the **SHOP** tab and you can also download this title for **FREE** by hovering over this QR code.



We acknowledge and thank the following Link Partners for their ongoing support.

American Society for Transplantation and Cellular Therapy (ASTCT) • Barbara Ann Karmanos Cancer Center • Blood Marrow Transplant Program at Northside Hospital • Center for International Blood & Marrow Transplant Research (CIBMTR) • Corewell Health • Dana-Farber Brigham Cancer Center • DKMS • Fred Hutchinson Cancer Center • Froedtert & the Medical College of Wisconsin Cancer Network • Henry Ford Health – Cancer • Incyte • Memorial Sloan Kettering Cancer Center • Meredith A. Cowden Foundation • Nebraska Medicine • Oregon Health & Science University Knight Cancer Center • Roswell Park Comprehensive Cancer Center • Stem Cell Transplantation and Cellular Therapy Program, John Theurer Cancer Center at Hackensack University Medical Center • The Leukemia & Lymphoma Society • University Hospitals Seidman Cancer Center • University of Michigan Health Rogel Cancer Center • Vanderbilt-Ingram Cancer Center • Versiti • Westmead Blood Transplant and Cell Therapies Program

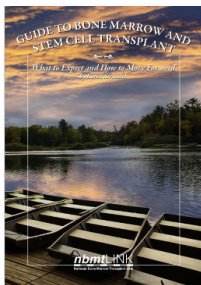
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All watercolor artwork by Megan Swoyer, greenbushmedia.com.



Check out Our Resources for Sale

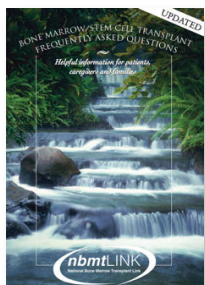
To order copies of any of the resources listed below, please visit our Shop, located on our website, nbmtlink.org.



Guide to Bone Marrow and Stem Cell Transplant: What to Expect and How to Move Forward

(English or Spanish available)

This guide, written by Keren Stronach, MPH, focuses on before, during and immediately after transplant with sentiments from patients.



UPDATED: Bone Marrow/Stem Cell Transplant: Frequently Asked Questions

Flippable: English and Spanish

This booklet discusses the answers to 20 pertinent questions patients and families have when considering transplant as a treatment option; includes a comprehensive resource listing.



UPDATED: Caregivers' Guide for Bone Marrow/Stem Cell Transplant, Practical Perspectives

This book offers practical suggestions for getting through the difficult days from caregivers who have been there.



NEW: Finance Guide for Bone Marrow/Stem Cell Transplant:

This book will address the unique financial challenges related to a life-saving bone marrow/stem cell transplant.



UPDATED: Graft Versus Host Disease: Living with the After Effects of Bone Marrow/Stem Cell Transplant

A much-needed resource for bone marrow/stem cell transplant patients, caregivers and families faced with the long and arduous journey with GVHD.



UPDATED: Survivorship: Bone Marrow/Stem Cell Transplant, Coping with Late Effects

Keren Stronach, a survivor of two bone marrow transplants, has written a reassuring, knowledgeable, and practical guidebook for survivors living with late effects.



The New Normal: Life After Bone Marrow Stem Cell Transplant - DVD

The New Normal is an EMMY Award-winning video featuring the stories of six transplant survivors and their caregivers.



Since 1992, our Free Programs Strive to Meet Patients and Loved Ones Across the Globe Where They Are and When They Need Support.

NEW! Healing Through the Arts Program: We will host a series of watercolor and journaling classes led by an artist over four weeks via Zoom.

Lunch & Learn Programs: These monthly, toll-free calls featuring a health care professional and a patient or caregiver voice cover bone marrow/stem cell transplant, CAR T-cell therapy, caregiving and survivorship. We also feature past recorded programs on our website, under the Lunch & Learn tab.

Marrow Masters Podcasts: Our podcasts cover cGVHD, survivorship, novel treatments and more. Visit <https://marrowmasters.simplecast.com> to listen in or visit our website or YouTube page.

Webinars: We host annual fall webinars addressing all things transplant and they are recorded and available on our site.

Peer Support Program: Patients, caregivers and survivors can connect with trained peer support volunteers who understand their feelings and can offer support and comradery.

Celebrating Second Birthdays: This program acknowledges and honors transplant survivors with a specially designed 2nd birthday postcard sent during the month of their transplant.

Survivors Thrive Book Club: New and interactive, several times a year, groups gather via Zoom to discuss a survival related book that the group has read.

To learn more about any of the above mentioned programs, visit www.nbmtlink.org or email info@nbmtlink.org.