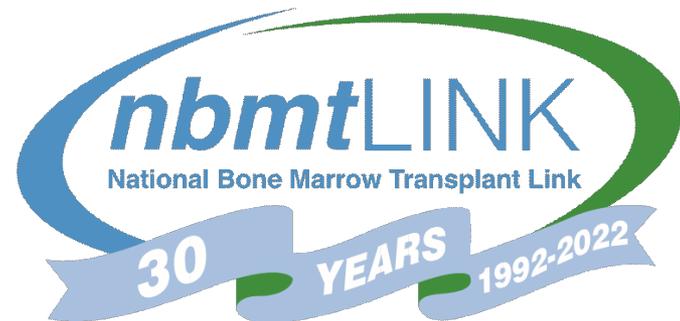


SURVIVORSHIP

Tried and True Advice



October 12, 2022
12:00-1:30 pm EST



Presentation Outline

Introduction to nbmtLINK

Survivorship, lingering side effects, health surveillance

Abby Ciampa NP, Dana Farber

Thriving as you accept your new normal as a survivor
and advocating for yourself

**Regineak Ruffin, LMSW and Info Specialist of The
Leukemia & Lymphoma Society**

Survivor perspective and tips

Todd Brown

Question and Answer Period



Our Mission

The National Bone Marrow Transplant Link (nbmtLINK) is dedicated to helping individuals and their families from diagnosis through survivorship. We work with hospitals, cancer centers, and other organizations to reinforce and complement medical care by providing resources, support and education.

We link you to experts across the country in all topics related to transplant and to others who have made it through the journey before you.

nbmtLINK
1- 800-546-5268
or
1-800-LINK-BMT

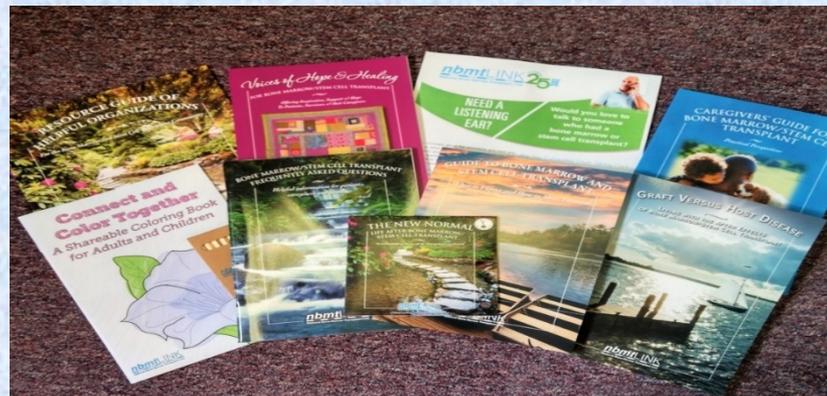
Please feel free to email us for more information, slides, or assistance

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Jennifer Gillette, LMSW,
Staff Social Worker
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Resources to Help Families Navigate the Transplant Journey

- Lunch & Learn Programs, podcasts, multiple webinars, and blogs from those who have been through the transplant process on all things related to transplant including disease specific information, survivorship issues, coping, and symptom management.
 - Peers Support Mentor Program for Patients and Caregivers
 - Second Birthdays Recognition Program
- Resource books, materials, emotional support from a licensed social worker and referrals
 - Resources and stories of support via our Facebook page



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**Our esteemed Link Partners for their continued
support in all we do.**

Today's presentation is meant to inform and support, it is not intended to replace individualized medical advice

nbmtLINK and the presenters do not recommend or endorse any specific products, therapies, websites or clinical trials. The treatments, therapies, products, trials and websites mentioned during the webinar are provided as a convenience to you and to promote dialogue between you and your health care team. Before adding any new approach or treatment to your regimen, you should discuss this with your health care provider to determine if that intervention is right for you.

Nurse Practitioner



Abby Ciampa and is a nurse practitioner in the Survivorship Clinic at Dana-Farber Cancer Institute. Throughout her 18 year career at DFCI, she has cared for patients across all disease centers. She is passionate about caring for patients at any stage of their cancer journey. As a provider in the Survivorship Clinic she feels lucky to be able to ensure that her patient's care post-cancer remains comprehensive and complete. She attended Mount Holyoke College for her undergraduate studies and the MGH Institute of Health Professions for her graduate work. She lives in the metro west area of Boston with her husband and three children.

Social Worker



Regineak Ruffin, LMSW, is an Information Specialist in The Leukemia & Lymphoma Society's Information Resource Center (IRC). Regineak earned her Master's degree in Social Work from Clark Atlanta University and was awarded her Bachelor of Arts in Child and Family Studies, with a minor in Psychology, from The University of Louisiana of Lafayette. Regineak is a current doctoral student at Walden University, earning her Ph.D. in Social Work while studying African American college students help-seeking behaviors and the implications for social work practice. Regineak is skilled in providing in-depth psychosocial support and disease education to those affected by blood cancers. Her expertise includes mental health and oncology social work. In addition to her work with blood cancer patients and their families, she also has experience working with children and adults with psychiatric diagnoses.

Todd Brown, Survivor

