Patient Perspective on Clinical Trials

Mike Ansley
My plan for 2011

SKIPPER
Defined as the one man badass
even to make a nuclear submarine
as his personal fishing boat
The Reality
Mission Success
Chronic Graft Vs Host Disease and Clinical Trials
Reasons to Participate

• Chance to give back
• Improving treatment options
• Generally little to no cost to patients
• Small population
• Could improve your outcome
• Pride in knowing you helped find a new treatment
• Out of options
Pitfalls of clinical trials

- Potential complications
- Some are “Randomized”
- It might not work
- Extra doctor visits
- Extra labs or testing
- Log/data keeping
- What happens when the trial ends?
- Is there a plan B or C?
Things to do

• Do your research, know what is out there and what is on the horizon (This is how I found out about Rockstar)
• Talk to your doctor about options
• Read through everything
• Have your caregiver read through everything
• Ask your doctor questions
My Clinical Trials

• cGVHD –
  • Imbruvica
  • Jackifi (ongoing approval)
  • Rockstar (Rezurock – FDA Approved) and Imbruvica
• Neutropenic diet
• Effects of exercise on recovery post transplant
• Use of HGH for immune system recovery